**July 2020 Newsletter**

**Funding received for pilot IT Project. Six members will be loaned iPads**

HM has received nearly £5,000 to run a 3-month pilot project to loan ipads to members and train them on how to make use of them. The tablets will be installed with an email in the beneficiary's name, so it is possible to register online for various services like online supermarket shopping and doctors appointments, while apps like Zoom will already be downloaded. Members can also join our weekly online 'coffee morning' and Dance Aerobics class. They will also be signposted to support services and creative activities such as Hertfordshire Inclusive Theatre and Electric Umbrella. We will continue to work with Hertfordshire Social Services Adult Disability Team for Hertsmere and our local Job Centre who deliver online training courses with help and advice about finding work.

**Noah’s Ark**

We have 27 children at our Summer Playscheme, enjoying activities including biscuit decorating, fabric painting and bike riding in the large playground and of course lots of water and bubble play! We have a great outdoor play area and a large marquee to house lots of the activities, so we are outside most of the time.

Our great team of staff are doing an amazing job caring for the children, while keeping cleanliness and hygiene as a top priority.

For further information regarding future schemes, contact Rochelle Gould:

noahs-ark@live.co.uk

**Digital multi-sensory shows for children**

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| Award-winning theatre company **[Concrete Youth](https://email.mencap.org.uk/6MGF-27HX-177V7O-1764D-1/c.aspx%22%20%5Co%20%22Conrete%20Youth%20web%20page)** are delighted to present a **brand new multi****-sensory production** for young audiences with profound and multiple learning disabilities – which can be accessed digitally!  Packed full of **sensory delights** that are sure to open up the imaginations, this sensory show is perfect to ease the boredom of lockdown.  |  |

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| https://i.emlfiles4.com/cmpimg/t/s.gif |

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| [**Access**](https://email.mencap.org.uk/6MGF-27HX-177V7O-17MF4-1/c.aspx) |

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**FREE Dance Aerobic Classes to Zoom, Fridays 10-1045am**

Angie our weekly dance instructor continues to help members stay fit, while dancing to their favourite tunes. Plenty of short breaks and opportunities for a drink throughout the session. For help logging on to zoom, contact Lucy

Join Zoom Meeting:
<https://us04web.zoom.us/j/71755613469?pwd=TE1iTGFaNCtxYU5FNFAyZnJrd3V1Zz09>

Meeting ID: 717 5561 3469
Password: 2pnj6T

**Hertsmere Adult Disability Team, Adult Care Services**

We have been informed that during lockdown, there is a delay in replying to phone calls on the usual number 01442 454242. If you do not get a response within 24-48 hours, you can phone 0300 1234042 and your message will be addressed.

**Exemption Cards**

Some people can’t wear a face mask or covering because of a disability or severe distress. Attached to this newsletter, are printable D.I.Y cards to help deal with public situations that might happen. The first side of the card is always the same and some people will be happy using it on its own. Show it to quickly explain that you have a legal reasonable excuse not to wear a face mask. If you want a non-verbal way to explain more you can double side your card with one of the extra messages. These can be printed or kept on your phone as photos. Find out more on the website keepsafe.org.uk/mask

**Contact:** Lucy m: 07938 722 619

**email:** hdcomm@hertsmeremencap.org.uk

Bye for now – ***STAY HOME to STAY SAFE***

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| https://i.emlfiles4.com/cmpimg/t/s.gif |