**August 2020 Newsletter**

**Thank you for your donations**

We would like to thank everyone who has donated to Hertsmere Mencap during this difficult time. All donations will be used to deliver front line services to our members. We are also grateful to Isramasks for donating visors for our staff and volunteers to use both at Noah’s Ark play scheme and for our adult activities.

**Return of Adult Activities and Jubilee Club**

Plans are underway to resume daily activities and the Jubilee Club, Hertsmere Mencap’s long running social club, starting in September and October. Activities to include: Coffee Morning, Seated Yoga, Arts and Crafts and Dance Aerobics. Places will be limited and we will operate a strict sign up policy to keep to social distancing rules. We had planned to resume the activities by the end of September, but the recent rise in cases in the Borehamwood area means that we will have to monitor the situation on a weekly basis before we confirm precise opening dates.

**iPad Loan Scheme**

6 members have now been identified to take part in the 3-month pilot project to improve their social interactions online and enable them to learn new skills. The tablets will be installed with an email in the beneficiary's name, so it is possible to register online for various services like online supermarket shopping and doctor appointments, while apps like Zoom will already be downloaded. Members can also join our weekly online 'coffee morning' and Dance Aerobics class. If the scheme proves successful, we plan to extend it, so that more people can make use of the iPads and our training programme.

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**FREE Dance Aerobic Classes to Zoom, Fridays 10-1045am**

Angie our weekly dance instructor continues to help members stay fit, while dancing to their favourite tunes. Plenty of short breaks and opportunities for a drink throughout the session. For help logging on to zoom, contact Lucy

Join Zoom Meeting:
<https://us04web.zoom.us/j/71755613469?pwd=TE1iTGFaNCtxYU5FNFAyZnJrd3V1Zz09>

Meeting ID: 717 5561 3469
Password: 2pnj6T

**Contact:** Lucy m: 07938 722 619

**email:** hdcomm@hertsmeremencap.org.uk

Bye for now – ***STAY HOME to STAY SAFE***

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