



September? July August 2020 Newsletter

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Thank you for your donations

We would like to thank everyone who has donated to Hertsmere Mencap during this difficult time. All donations will be used to deliver front line services to our members. We are also grateful to Isramasks for donating visors for our staff and volunteers to use both at Noah's Ark play scheme and for our adult activities.

Return of Adult Activities and Jubilee Club Funding received for pilot IT Project. Six members will be loaned iPads

Plans are underway to resume daily activities and the Jubilee Club, Hertsmere Mencap's long running social club, starting in September and October. Activities to include: Coffee Morning, Seated Yoga, Arts and Crafts and Dance Aerobics. Places will be limited and we will operate a strict sign up policy to keep to social distancing rules avoid over-crowding. We had planned to resume the activities by the end of September, but the recent rise in cases in the Borehamwood area means that we will have to monitor the situation on a weekly basis before we confirm precise opening dates.

iPpad Loan Scheme

6 members have now been identified to take part in the HM has received almost £5,000 (do we need to mention how much?) funding nearly £5,000 to run a 3-month pilot project to improve their social interactions online and enable them to learn new skills, with a view to rolling it out to more all those who are unable to 'get online' and are able by themselves or with help to use them. The tablets will be set-up installed with an email in the beneficiary's name, so it is possible to register online for various services like online supermarket shopping and doctors appointments, while and apps like Zoom and WhatsApp? doesn't work on an iPad? will already be downloaded. The data sim comes with a mobile phone number which, with their email address enables people to register online for various services like online supermarket shopping and doctors appointments. They Members can also join our weekly online 'coffee morning' and Dance Aerobics class. If the scheme proves successful, we plan to extend it, so that more people can make use of the iPads and our training programme. They Members will also be signposted to support services and creative activities such as Hertfordshire Inclusive Theatre and Electric Umbrella. We will continue to work with Hertfordshire Social Services Adult Disability Team for Hertsmere and our local Job Centre who deliver online training courses with help and advice about finding work.

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Noah's Ark

This year's play scheme is underway at a primary school in Potters Bar. The scheme is now full, but if you would like more information for future opportunities, please contact Rochelle Gould: 020 8906 2783 or email: noahs-ark@live.co.uk

Digital multi-sensory shows for children

Award-winning theatre company Concrete Youth are delighted to present a brand new multi

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~~-sensory production for young audiences with profound and multiple learning disabilities — which can be accessed digitally!-~~

~~- Packed full of **sensory delights** that are sure to open up the imaginations, this sensory show is perfect to ease the boredom of lockdown-~~

[Access](#)

FREE Dance Aerobic Classes to Zoom, Fridays 10-1045am

Angie our weekly dance instructor continues to help members stay fit, while dancing to their favourite tunes. Plenty of short breaks and opportunities for a drink throughout the session. For help logging on to zoom, contact Lucy

Join Zoom Meeting:

<https://us04web.zoom.us/j/71755613469?pwd=TE1tTGFAncTxYU5FNFAyZnJrd3V1Zz09>

Meeting ID: 717 5561 3469

Password: 2pnj6T

Hertsmere Adult Disability Team, Adult Care Services

We have been informed that during lockdown, there is a delay in replying to phone calls on the usual number 01442 454242. If you do not get a response within 24-48 hours, you can phone 0300 1234042 and your message will be addressed.

Exemption Cards

Some people can't wear a face mask or covering because of a disability or severe distress. Attached to this newsletter, are printable D.I.Y cards to help deal with public situations that might happen. The first side of the card is always the same and some people will be happy using it on its own. Show it to quickly explain that you have a legal reasonable excuse not to wear a face mask. If you want a non-verbal way to explain more you can double side your card with one of the extra messages. These can be printed or kept on your phone as photos. Find out more on the website keepsafe.org.uk/mask

Contact: Lucy m: 07938 722 619
email: hdcomm@hertsmere Mencap.org.uk

[Charity Registration Number 243871](#)

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