

Activities Volunteer

Hertsmere Mencap is a small and active charity, supporting a membership of 250 children and adults with a learning disability along with their families and carers. Our mission is for people with a learning disability to be valued equally, listened to and included. We run a daily member activities programme, a weekly social club, a children's holiday playscheme and a drop-in for members and families where people can socialise, have a drink and can get support and advice. We employ three part-time staff, assisted by sessional workers and we have a strong team of dedicated volunteers.

We are looking for a volunteer to help the Activity Facilitator with the smooth running of our daily activities. You will help us to fulfill our aims and to continue - and extend - our reach, activities and the support we give our members. You will make a real difference to a charity that helps people in their daily lives.

We run a different activity every morning including arts & crafts, healthy eating, aerobics as well as the Drop-in on a Wednesday morning and an evening social club. Relevant training will be provided and you will a DBS check – paid for by Mencap.

Key Tasks to perform:

- Assist the session Activity Leader with the setting up tables and clearing away of the session prior to the members arriving and once the session has finished
- Encourage the members to participate fully in the activity and show enthusiasm for the topic / theme of the session
- Making teas and coffees for the members at break time and ensuring the venue's kitchen remains clean
- You may be required to perform other duties as directed by the Charity or your supervisor from time to time to meet the needs of the organisation

Experience and Personal Attributes:

- Experience of or an interest in working among people with a learning disability
- The ability to create a constructive relationship with people with a learning disability and to motivate them
- A willingness to accept change and to be innovative in working with people with a learning disability
- A good organiser and communicator who is not phased by the specific needs of those with learning disabilities
- Someone who is friendly, empathetic and approachable and has a welcoming and inclusive approach



www.hertsmeremencap.org.uk

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