

OUT AND ABOUT

WITH HERTSMERE MENCAP REPORTERS



Courtney interviewed Sian Kenrick – Drama Facilitator, Hertsmere Mencap

C: Thank you for agreeing to be interviewed. I am going to ask you 3 questions.

How long does it take you to prepare for the Drama & Move to the Beat sessions?

S: It can take 1-2 days to prepare, depending on the materials needed. I have to select the music and props as well as plan the structure of each activity.

C: Where do you get your ideas/inspiration from?

S: I like to focus on relevant events and theme the sessions this way, for example to coincide with the King's Coronation, our members took on the roles of royalty and Buckingham Palace aides - we even acted out a Royal parade. It's important to me that our members cover different skills each week. In today's drama session we focused on voice projection and EVERYONE made an announcement in their scenes, using their voices in a dramatic way, demonstrating confidence in expressing themselves.

C: What gives you the best feeling?

S: Working with different people, all with different strengths and seeing everyone 'having a go'. Our members picking up new skills and watching their confidence grow is the most rewarding part of my job.

C: Thank you very much for your time, Sian.

