

OUT AND ABOUT

WITH HERTSMERE MENCAP REPORTERS



Jason interviewed Steff Syme – Coffee Morning Volunteer, Hertsmere Mencap

J: Thank you for agreeing to be interviewed. I am going to ask you 3 questions. What made you want to volunteer at Hertsmere Mencap?

S: I am retired and I have a lot of spare time which I wanted to use in a good way by helping others and being around people. I saw an advert and I have some experience with learning disabilities and I came across Hertsmere Mencap's volunteer advert and I thought it would be a good thing to do and it was local to me.

J: Is volunteering what you expected?

S: What I am doing here is different before I was 1:1 keeping someone company. I enjoy Hertsmere Mencap volunteering as it is group based, it is nice and social and I get to know lots of people. It is a very positive experience.

J: What is your favourite part of volunteering?

S: I enjoy seeing people and getting to know people, I enjoy the social interaction. Now and again a member may need advice or help and I like to help where I can, it is very worthwhile and satisfying.

J: Thank you very much for your time, Steff.