



July Newsletter

In this month's newsletter:

- A roundup of July's activities, including our magical Harry Potter trip
 - Welcome to Susannah - our new Holiday Club & Youth Coordinator
 - Summer Holiday Club (26th July - 22nd August)
 - Save the Date
 - 2nd August - Building Positive Relationship's talk at Coffee Morning
 - 16th August - Members lunch at The Hart & Spool
 - Hertsmere Mencap's Annual Golf Day 2023 (28th September)
 - Become a Hertsmere Mencap Reporter
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Welcome to Susannah

We are delighted to welcome Susannah Shackleton who is our new Holiday Club & Youth Coordinator. Susannah has over 20 years experience in Early Years education, with an emphasis on supporting young children with additional needs and their families. Susannah is looking forward to coordinating activities and holiday clubs for our children and youth members.

Susannah can be contacted on email: ***clubadmin@hertsmeremencap.org.uk*** or tel: **07727 339066**

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 No Move to the Beat 7-9pm Jubilee Club <i>Horse racing</i>	2 10-11.30am Coffee Morning talk on: Building Positive Relationships	3 No Drama 7-9pm Youth Club <i>Karaoke</i>	4 10-11am Dance Aerobics	
⁶	7 10.30-12pm Art	8 No Move to the Beat 7-9pm Jubilee Club <i>Karaoke</i>	9 10-11.30am Coffee Morning	10 No Drama 7-9pm Youth Club <i>Bingo</i>	11 10-11am Dance Aerobics	¹²
¹³	14 No Art	15 No Move to the Beat 7-9pm Jubilee Club <i>Tony's Quiz</i>	16 10-11.30am Coffee Morning 11.45am Member lunch at The Hart & Spool (148 Shenley Rd)	17 No Drama 7-9pm Youth Club <i>Cookie making</i>	18 No Dance Aerobics	¹⁹
²⁰	21 10.30-12pm Art	22 No Move to the Beat 7-9pm Jubilee Club <i>Card Bingo</i>	23 10-11.30am Coffee Morning	24 No Drama No Youth Club	25 10-11am Dance Aerobics	²⁶
²⁷	28 Bank Holiday No Art	29 No Move to the Beat No Jubilee Club	30 10-11.30am Coffee Morning	31 No Drama No Youth Club	1st Sept 10-11am Dance Aerobics	

Summer Holiday Club

Wednesday 26th July - Tuesday 22nd August

Our Summer Holiday club opened its doors on Wednesday 26th July. It was wonderful to welcome back so many familiar faces and meet all the new children who have joined us for an exciting programme of fun activities throughout the school holiday. Look out for all the news in August's Newsletter.

If you would like information on our holiday club, please contact Susannah on:

clubadmin@hertsmeremencap.org.uk / 07727 339066


Hertsmere Mencap's Magical Journey to Harry Potter Studios


On Wednesday 19th July our Coffee Morning members embarked on a mystical adventure into the Harry Potter Studios. From the moment we arrived we were captivated into a world of magic and fantasy.

A big thank you to the Councillors who made this trip possible and to the Coffee Morning volunteers for their help and support on the day.



Save the Date

 **Building Positive Relationships**



Come along to Coffee Morning on
Wednesday 2nd August 10am – 11.30am

Building positive relationships
What's ok and what's not ok?

Guest Speakers
Barbie Sayers & Anthony Chiari - *Learning Disability Nurses*
Jane Noonan – *Relationship Counsellor*
Andrea Haughton - *Hate Crimes Officer*

Fairway Hall, Brook Close, Borehamwood WD6
5BT

For more information, contact Hayley:
07861 891 706 or activities@hertsmere Mencap.org.uk

Please join us at Coffee Morning on Wednesday 2nd August for a talk on **Building Positive Relationships**. For more information contact Hayley on activities@hertsmere Mencap.org.uk

A round up of July's activities



July has been animal themed for our Hertsmere Mencap artists and we have developed our musical instrument & percussion skills at Move to the Beat.



In Drama we made announcements, sung solos & taken lead roles in scenes and at Dance Aerobics we've moved to the beat of summer sounds, country music and musical movies.



Our evening activity members have enjoyed a range of activities including smoothie making, games and music and movement.

If you'd like to see more photos of our activities please visit our Facebook page [here](#) or Instagram page [here](#).



**OUT AND
ABOUT**
WITH HERTSMERE MENCAP REPORTERS

To read the latest interviews by our Mencap Reporters, click [here](#)

If you would like to join Hertsmere Mencap's team of reporters and become a reporter, let Karen know on 07938 722 619 / hdcomm@hertsmeremencap.org.uk

Hertsmere Mencap Golf Day 2023

Thursday 28th September

On Thursday 28th September we are holding our Annual Golf Day at Hartsbourne Golf Club. This is our biggest fundraising event, enabling us to provide funding for our activities.

If you are a golfer or you know any keen golfers interested in taking part, please click [here](#) for more information or contact Karen on hdcomm@hertsmeremencap.org.uk

Diary Dates

Wednesday 26th July to Tuesday 22nd August

Summer Holiday Club

Wednesday 2nd August

Coffee Morning Talk - Building Positive Relationships

Wednesday 16th August - Members lunch at the Hart & Spool

please email - development@hertsmeremencap.org.uk

to book your place

Wednesday 6th September

Hertsmere Learning Disability Forum on Healthy Eating

Thursday 28th September

Hertsmere Mencap's Annual Golf Day

Sunday 15th October

North London Rotary Disability Games

Wednesday 13th December

Coffee morning trip to the Panto at the Radlett Centre

Saturday 16th December (6.30pm - 10pm)

Hertsmere Mencap's 2023 Christmas party at Allum Hall, WD6

Friday 29th December

Holiday Club trip to the Panto at the Radlett Centre