



May Newsletter

In this month's newsletter:

- **Welcome to:**
 - *Mary Harris, our new Jubilee Club leader*
 - *Justine Skuleta, our new Youth Club leader*
- Congratulation to Vicky Wallis on receiving this year's Rumble Award
- Thank you to our volunteers and members who took part in this year's Radlett Rotary Fun Run
- *****New time and venue for Thursday's Drama sessions: from Thursday 6th June Drama will run from 11.30-12.30pm at Fairway Hall, Brook Rd, WD6 5BT*****
- A round up of May's daytime and evening activities including **May's Club 15 -19 sessions**
- **Save the date:**
 - **Wednesday 5th June** - Hertsmere Learning Disability Forum: Coping with Bereavement & Grief
 - **Wednesday 12th June** - Sky Studios presentation at Coffee Morning
 - **Friday 21st June** - Come along to Tesco, Borehamwood to support our Dance troupe performing at the store
 - **Monday 29th July to Thursday 22nd August** - Summer Holiday Club

Welcoming our new Evening Club leaders



Mary Harris (left) joins the team as our new Jubilee Club leader.

Many of you know Mary as she has been attending Jubilee Club for the last couple of months with her brother, Eddie. Mary has a lifetime of experience with learning disabled people and lots of exciting ideas for the Jubilee Club. We are looking forward to Mary leading the club from **Tuesday 4th June**.

Justine Skuleta (right) joins the team as our new Youth Club leader.

Justine has been a Support Worker for 3 years and a Shift Leader for 18 months at her current work place and regularly attends our day sessions. Justine has already begun running Youth Club and we are already enjoying Justine's jam packed and fulfilled Thursday nights.

Welcome to Hertsmere Mencap, Mary and Justine!

Rumble Award Winner 2024

The Rumble Awards took place at the beginning of May - the Rumble's are Hertfordshire's Learning Disability Personality of the Year Awards. We are thrilled to announce **Vicky**

Wallis received the **Leading Light award** - well done Vicky, very well deserved! We would also like to congratulate Neil Hoskin on a great job of hosting the event.



Please join us for two very interesting presentations:

- On **Wednesday 5th June from 10am - 11.30am**, we are hosting Hertsmere's Learning Disability Forum. The topic is **Coping with Bereavement & Grief**
- On **Wednesday 12th June from 10am - 11.30am**, **Sky Studios** will be presenting an update on their state of the art studios.

Both presentations will take place at Fairway Hall, Brook Close WD6 5BT. If you would like to attend, please RSVP to Karen on 07938 722 619 / hdcomm@hertsmeremencap.org.uk



Hertsmeremencap Hertsmeremencap Learning Disability Forum



Limited free parking available at Fairway Hall or paid parking at Meadow Park Car Park, Brook Road



An Open Forum on:
Coping with Bereavement & Grief
Wednesday 5th June at 10am – 11.30am

We are delighted to welcome
guest speaker, **Stacey Hart (MBACP)**.

Stacey is a Bereavement and Trauma Specialist

Fairway Hall, Brook Close, Borehamwood, WD6 5BT
Please RSVP to: hdcomm@hertsmeremencap.org.uk

Tea, coffee and refreshments will be served



Families, friends, carers & professionals are all welcome



Hertsmeremencap Sky Studios Elstree Talk



sky studios
E L S T R E E
T A L K

Come along to Coffee Morning on
Wednesday 12th June 10am – 11.30am

sky studios

will be giving an update on the new, state-of-the-art film and TV studio based in Borehamwood

At: Fairway Hall, Brook Close, Borehamwood, WD6 5BT

For more information, contact Hayley:
07861 891 706 or activities@hertsmeremencap.org.uk

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
2	3 10.30-12pm Art	4 10.30-12pm Move to the Beat 7-9pm Jubilee Club <i>Music with Paul & Bev</i>	5 10-11.30am Coffee Morning <i>LD Forum on Coping with Bereavement & Grief</i>	6 Drama **New time** 11.30-12.30pm **New venue** Fairway Hall 7-9pm Youth Club	7 10-11am Dance	8 1-3pm Inclusive Stay & Play <i>*booking required</i>
9	10 10.30-12pm Art	11 10.30-12pm Move to the Beat 7-9pm Jubilee Club <i>Karaoke</i>	12 10-11.30am Sky Studios presentation at Coffee Morning	13 Drama **New time** 11.30-12.30pm **New venue** Fairway Hall 7-9pm Youth Club	14 10-11am Dance	15
16	17 10.30-12pm Art	18 10.30-12pm Move to the Beat 7-9pm Jubilee Club <i>Arts & Crafts</i>	19 10-11.30am Coffee Morning <i>11.45am Member lunch at Pick & Shovel</i>	20 Drama **New time** 11.30-12.30pm **New venue** Fairway Hall 7-9pm Youth Club	21 10-11am Dance <i>Dance Aerobics performance at Tesco</i>	22 9-10am Sen Soft Play Potters Bar <i>*booking required</i>
23	24 10.30-12pm Art	25 10.30-12pm Move to the Beat 7-9pm Jubilee Club <i>Baking</i>	26 10-11.30am Coffee Morning	27 Drama **New time** 11.30-12.30pm **New venue** Fairway Hall 7-9pm Youth Club <i>Bowling trip</i>	28 10-11am Dance	29

For more details on our activities, or if you would like to come along, contact Hayley – 07861 891 706 / activities@hertsmeremencap.org.uk

A round up of May's activities



At this month's Arts & Crafts we decorated farmhouses and farm animals, created welcome home cards to welcome back Derek to Art and designed fantastic rocket ships.



At Move to the Beat this month, we played along with our instruments to different rhythms,

tempos and styles of music. We have developed our voices in our singing group and created wonderful sounds in unison.



We have enjoyed catching at our weekly Wednesday Coffee Mornings and we had a special guest at this month's lunch out, Eastender's Jamie Borthwick!



It's been a jampacked month at Jubilee Club, playing charades, bingo and an exciting quiz run by our new Jubilee Club leader, Mary. Welcome to Jubilee Club, Mary!

It's been a busy Youth Club with new members and volunteers. We've had a games evening, made delicious pitta pizza's, got active with badminton and dodgeball, and had a marathon screening of The Simpsons. We are delighted to welcome Justine as our new Youth Club leader.



At Drama this month, we have worked on acting skills and challenged ourselves by improvising on the spot. This requires skill in all areas of performance, quick thinking, character work, movement, vocal work and teamwork. All members have grown in confidence and each member develops a new skill every week.

From Thursday 6th June, Drama will take place at Fairway Hall, Brook Close (WD6 5BT) from 11.30am - 12.30pm.

Our Friday Dance sessions are always full of energy, excitement and happy faces while dancing to our favourite tunes.

Come along to support our Dance troupe on Friday 21st June, we will be performing at Tesco, Borehamwood from 10am.

We have lots more photos of our activities on our Facebook page which you can visit [here](#) or Instagram page [here](#).

Club 15 - 19

Club 15-19 took place over May half term with a jam-packed and fun-filled two days. On Tuesday we welcomed many new faces and had so much fun making flapjacks, creating special glittered filled sensory cards and had a mega competition on the Wii. Our teens

chilled out on beanbags, played pool, board games, and table football. We ended the afternoon with a game of Blankety Blank, which we all enjoyed very much. On Thursday we had a trip to the cinema to see the film "IF" and ended the afternoon with lunch and quizzes at The Library.

We will be planning more future dates for Club 15-19, so watch this space. If you would like information on our Children and Youth activities, please contact Susannah on: clubadmin@hertsmeremencap.org.uk / 07727 339066



Under 11's activities

We've had another busy month at our Under 11's activities.

The next **Inclusive Stay & Play session is Saturday 8th June (1pm - 3pm) at Borehamwood Baptist Church**, WD6 2DF. This is a free event however booking is required by emailing development@hertsmeremencap.org.uk

The next **Soft Play session is on Saturday 22nd June (9am - 10am) at Furzefield Leisure Centre**, Potters Bar, EN6 3BW at a discounted rate of £2.50 per child. Booking is required by emailing development@hertsmeremencap.org.uk

If you would like information on our Children and Youth activities, please contact Susannah on: clubadmin@hertsmeremencap.org.uk / 07727 339066



Holiday Club

Our Summer Holiday Club dates are **Monday 29 July – Thursday 22 August inclusive**. Due to unprecedented demand, Hertsmere Mencap's Summer Holiday Club is now full. Any late applications received after the deadline of May 24th will be placed on our reserve list. The Holiday Club team are looking forward to seeing the children again for what promises to be a fun filled four weeks of summer activities and trips.

If you would like information on our Children and Youth activities, please contact Susannah on: clubadmin@hertsmeremencap.org.uk / 07727 339066

Radlett Rotary Fun Run

Thank you to everyone who came along to support the 2024 Radlett Rotary Fun Run. It was a day full of fun, quiet alot of rain and raising funds for Hertsmere Mencap.



Diary Dates

Wednesday 5th June

Hertsmeremencap Learning Disability Forum

Wednesday 12th June

Sky Studios, Elstree talk at Coffee Morning

Friday 21st June

Come along to Tesco, Borehamwood to support our Dance troupe performing

Monday 29th July until Thursday 22nd August

Summer Holiday Club

Wednesday 4th September

Hertsmeremencap Learning Disability Forum

Tuesday 10th September
Hertsmere Mencap's Annual Golf Day

Wednesday 4th December
Hertsmere Learning Disability Forum

Saturday 14th December
Hertsmere Mencap's Christmas parties

If you no longer wish to receive our Newsletters please let us know by
email by clicking [here](#).



Copyright © 2023 Hertsmere Mencap Society. All rights reserved.

You are receiving this email because you opted in.

Our mailing address is:

Hertsmere Mencap Society
27 Hartfield Avenue
Elstree
WD6 3JB