



August Newsletter

In this month's newsletter:

- A successful summer Holiday Club
- A round up of August activities at Hertsmere Mencap
- Save the Date:
 - Wednesday 4 September - Hertsmere Learning Disability Forum, Fairway Hall WD6
 - Sunday 13 October - Rotary North London Disabilities Games
Aspire Leisure Centre , Wood Lane, Stanmore
- Hertsmere Mencap's Annual Golf Day 2024 (10 September)

Holiday Club

The children and staff had a wonderful fun filled 3 weeks at Holiday Club this summer. It was lovely seeing so many happy faces as the children enjoyed all the activities that were planned for them.

Some of the highlights were "Down in Woods" where the children had the opportunity to build a fire and toast marshmallows. The children (and staff!) had fun participating in "Holiday Club Has Talent" as well as a Scavenger Hunt.

It was also lovely seeing all the parents and carers, who had the opportunity to come in and meet us all each day.

We are now busy planning our annual Panto trip and Holiday Club Christmas party and we look forward to seeing you all again soon.

If you would like information on our Holiday Club, please contact Susannah on:
clubadmin@hertsmeremencap.org.uk / 07727 339066







SEPTEMBER 2024 Activities
Borehamwood, WD6



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2 10.30-12pm Art	3 10.30-12pm Move to the Beat 7-9pm Jubilee Club <i>Card night</i>	4 10-11.30am Coffee Morning Learning Disability Forum	5 11.30-12.30pm Drama 7-9pm Youth Club	6 10-11am Dance	7
8	9 10.30-12pm Art	10 10.30-12pm Move to the Beat 7-9pm Jubilee Club <i>Guitar music night</i>	11 10-11.30am Coffee Morning 11.45am Lunch out	12 11.30-12.30pm Drama 7-9pm Youth Club	13 10-11am Dance	14 1-3pm Stay & Play Borehamwood <i>*booking required</i>
15	16 10.30-12pm Art	17 10.30-12pm Move to the Beat 7-9pm Jubilee Club <i>Bingo night</i>	18 10-11.30am Coffee Morning	19 11.30-12.30pm Drama 7-9pm Youth Club trip	20 10-11am Dance	21 9-10am Potters Bar Soft Play & Inclusive Climbing <i>*booking required</i>
22	23 10.30-12pm Art	24 10.30-12pm Move to the Beat 7-9pm Jubilee Club <i>Reggae music night</i>	25 10-11.30am Coffee Morning	26 11.30-12.30pm Drama 7-9pm Youth Club	27 10-11am Dance	28
29	30 10.30-12pm Art					

For more details on our activities, or if you would like to come along, contact Hayley – 07861 891 706 / activities@hertsmeremencap.org.uk



Hertsmere Learning Disability Forum



Limited free parking
available at
Fairway Hall or
paid parking at
Meadow Park Car
Park, Brook Road



Positive Actions, Positive Outcomes: Behaviour Support Forum

Wednesday 4th September at 10am – 11.30am

Guest speaker: Louisa Rhodes, Clinical Psychologist
West Specialist Learning Disability Service
Hertfordshire Partnership University NHS Foundation Trust

Fairway Hall, Brook Close, Borehamwood, WD6 5BT

Please RSVP to: hdcomm@hertsmeremencap.org.uk

Tea, coffee and
refreshments
will be served



Families, friends,
carers &
professionals are
all welcome

A round up of August activities



We've had a busy month at Arts & Crafts, designing pom-pom teddies and brightly coloured masks, creating summer kites and ice cream decoration as well as stylish personalised bags. A huge thank you to Tracy for creating wonderful Arts and Craft sessions this month. We look forward to welcoming Michelle back from Monday 2nd September.



We had a super summer drama workshop in August. Everyone acted brilliantly and performed both in pairs and in group scenes.

We are looking forward to the return of ***Move to the Beat on Tuesday 3rd September*** and ***Drama on Thursday 5th September.***



A buzzing August at Dance, we enjoyed dancing to Disney music and party tunes.



During the holiday month of August, the Jubilee club celebrated with a beach party, that was so hot we set the fire alarm off! We had a fun quiz night, hosted by Jim. We danced and sung the night away to Motown music. And we celebrated everyone's amazing talents with the first ever, Jubilee's got talent show! which was so much fun we have decided to make it an annual event! It was a great way to close off the summer.

Youth club has been a great success over August. Although many of our youth were away over the holidays, it didn't stop us having fun and we enjoyed a variety of exciting activities. We have enjoyed pizza making, quizzes, karaoke, biscuit making and art work. Our youth have enjoyed these sessions and look forward to our September activities.

We have lots more photos of our activities on our Facebook page which you can visit [here](#) or Instagram page [here](#).

Under 11's

This month our under 11's enjoyed a busy Soft Play session at Furze Field Leisure Centre.

The next Stay & Play session is on Saturday 14 September (1pm - 3pm) at Borehamwood Baptist Church, WD6 2DF. This is a free event however booking is required by emailing development@hertsmeremencap.org.uk

On Saturday 21 September, we are running our Soft Play for under 11's at a discounted rate of £2.50 per child as well as our 11-19's Climbing session at a discounted rate of £7.50 per child (parental supervision is required). Both sessions are from 9am - 10am at Furze Field Leisure Centre, Potters Bar, EN6 3BW. Booking is required by emailing development@hertsmeremencap.org.uk

If you would like information on our Children and Youth activities, please contact Susannah on: clubadmin@hertsmeremencap.org.uk / 07727 339066



Hertsmere Mencap Golf Day 2024

Tuesday 10 September

On Tuesday 10 September we are holding our Annual Golf Day at Essendon Golf & Country Club. This is our biggest fundraising event, enabling us to provide funding for our activities.

If you are a golfer or know any keen golfers interested in taking part, or you are interested in sponsoring part of our day, please click [here](#) for more information or contact Paul on chair@hertsmeremencap.org.uk

Rotary North London Disability Games 2024

Sunday 13 October

Rotary North London's Disability Games return on Sunday 13 October at Aspire Leisure

Centre, Stanmore. If you would like to take part, please let Hayley know on 07861 891706 / activities@hertsmeremencap.org.uk

ROTARY NORTH LONDON DISABILITY GAMES

SUNDAY 13 OCTOBER 2024

ASPIRE LEISURE CENTRE, WOOD LANE, STANMORE HA7 4AP

Now in its 11th year!



EXCITING INDOOR ACTIVITIES INCLUDE:

BOCCIA • BOWLS • TABLE TENNIS
DARTS • BAGATELLE • STICK BALL • QUOITS
WHEELCHAIR SLALOM • NEW AGE KURLING

For information on how to take part,
contact your local Rotary Club
or email smaclachla@aol.com

Rotary

PEOPLE of ACTION

Making a difference in our communities



Sponsored by the Rotary Clubs of:
Barnet; Bush Hill Park;
Edgware & Stanmore; Edmonton;
Enfield Chase; Golders Green;
Harrow; Kingsbury & Kenton
Northwick Park; Radlett;
Southgate; The Studios

Diary Dates

Wednesday 4th September

Hertsmere Learning Disability Forum

Tuesday 10th September

Hertsmere Mencap's Annual Golf Day

Saturday 14th September

Under 10's stay & play in Borehamwood

(booking essential)

Saturday 21st September

Potters Bar under 11's soft play and 11-19's Climbing Wall

(booking essential)

Sunday 13th October

Rotary North London Disabilities Games

Aspire Leisure Centre , Wood Lane, Stanmore

Wednesday 4th December

Hertsmere Learning Disability Forum

Saturday 14th December

Hertsmere Mencap's Christmas parties

If you no longer wish to receive our Newsletters please let us know by email by clicking [here](#).

