

April Newsletter

In this month's newsletter:

- A very successful Easter Holiday Club
- A new group of learners begin our Employment Training course
- A round up of March activities at Hertsmere Mencap
- Good luck to everyone taking part and helping out at the **Radlett Rotary Five Fields Fun Run on Monday 5th May**
- Save the Date:
 - Monday 5th May - Radlett Rotary Five Fields Fun Run
 - Saturday 10th May (1pm - 3pm) - Under 10 stay & play
 - Tuesday 27th and Wednesday 28th May - May half term Club 15-19
 - Wednesday 4th June - Hertsmere Learning Disability Forum
 - Saturday 14th June - (1pm - 3pm) - Under 10 stay & play
 - Wednesday 30th July to Tuesday 26th August (excluding Bank Holidays and weekends) - Summer Holiday Club

Children & Youth

Holiday Club

It was lovely seeing so many children at Easter Holiday Club. The team planned a jam packed 5 days full of exciting activities for everyone to enjoy. The weather was on our side, and we were able to make the most of being outside and even had a picnic! Imajica Theatre Group entertained us with a pirate workshop, and we also enjoyed a Holiday Club disco. Our week ended with the ever-popular Holiday Club's Got Talent, which is always a wonderful highlight for everyone.

Summer Holiday Club is round the corner, and further information will be sent out soon. The dates for your diary are:

Wednesday 30 July – Tuesday 26 August (excluding August Bank Holiday)

Club 15-19

The team are looking forward to seeing everyone at Club 15-19 this May half term on Tuesday 27 May – Wednesday 28 May.

We have planned a fantastic 2 days of activities to include gaming, arts and crafts, cooking, a chill out zone, games, bingo, and a trip. Further information will be sent out this week.

For more information on our Children & Youth activities, please contact
Susannah: childrenandyouth@hertsmeremencap.org.uk



Employment Training Course

This month, our latest cohort of learners began the course and looking forward to an enjoyable, interactive and informative 9 weeks ahead.

Well done to Aaron & Stuart, who graduated from our pilot course - Aaron has begun working as a barista, while Stuart will shortly begin work experience at a local florist. Best of luck, Aaron & Stuart!

For more information about our employment training course, please contact Pamela: employsupportadvisor@hertsmeremencap.org.uk



May's activities schedule

Hertsmere mencap		MAY 2025 Activities Borehamwood, WD6					Hertsmere mencap	
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday		
				1 11.30-12.30pm Bingo 7-9pm Youth Club <i>Paper airplane contest</i>	2 10-11am Dance	3		
4	5 Bank Holiday No Art Radlett Rotary Fun Run	6 10.30-12pm Move to the Beat 7-9pm Jubilee Club <i>Name that tune</i>	7 10-11.30am Coffee Morning	8 11.30-12.30pm Bingo 7-9pm Youth Club <i>Smoothies & biscuit decorating</i>	9 10-11am Dance	10 1-3pm Under 10s Stay & Play Borehamw <i>*booking required</i>		
11	12 10.30-12pm Art <i>**Change of venue today only – Aberford Hall (WD6 1PN)</i>	13 10.30-12pm Move to the Beat 7-9pm Jubilee Club <i>Smoothie making</i>	14 10-11.30am Coffee Morning <i>11.45am Lunch out at Dragon Garden</i>	15 11.30-12.30pm Bingo 7-9pm Youth Club <i>Drama night</i>	16 10-11am Dance	17		
18	19 10.30-12pm Art	20 10.30-12pm Move to the Beat 7-9pm Jubilee Club <i>Play your cards right</i>	21 10-11.30am Coffee Morning	22 11.30-12.30pm Bingo 7-9pm Youth Club <i>Movie night</i>	23 10-11am Dance	24		
25	26 Bank Holiday No Art	27 No Move to Beat 7-9pm Jubilee Club <i>Bingo & Raffle</i>	28 10-11.30am Coffee Morning @ Toby Carvery (Studio Way)	29 11.30-12.30pm Bingo 7-9pm Youth Club <i>Karaoke night</i>	30 10-11am Dance	31		

A round up of April activities

This month at Arts & Crafts we crafted colourful easter eggs, created a 3-D lifecycle of a butterfly, decorated chicks popping out of eggs and we ended the month designing colourful bird puppets.

At Move to the Beat this month, we played instruments in groups, creating a mix of different beats and sounds.



At April's lunch out, we enjoyed sampling food at The Arch, next month's lunch out is at Dragon Garden on the 14th of May.

Our last drama session was filled with action, scenes, character work and lots of laughter. A really positive and creative way to end our drama sessions. A huge thank you to Sian, for providing us endless enjoyment, creativity and of course, great fun.



Our Thursday Bingo session has proved to be a great success with our members, who are thoroughly enjoying their fast pace and fun Thursdays.

Our dance sessions continue to be full of fun and energy and we have enjoyed dancing along to happy songs and summer vibes this month.



At Jubilee club this month we enjoyed a guest visit from a magician, played a range of games from darts to snakes and ladders and even played the sausage roll game. In the build up to Easter, we prepared an easter egg raffle and enjoyed easter arts and crafts. We ended the month with an 80's themed disco, where some of our members dressed up in 80's style!

Another lovely month at Youth Club. We started the month nail painting, followed by milkshake making - it was lovely sampling different chocolate & fruit flavours. Adam and Karen lead a brilliant bingo night and our members enjoyed seeing them both. We finished the month with a drama show, credit to our amazing members, who very bravely got up on stage and performed - well done everyone!



We have lots more photos of our activities on our Facebook page which you can visit [here](#) or Instagram page [here](#).

A Wicked Day Out!

This month some of our lucky daytime members had the chance to watch the Wicked movie at Sky Studios! It was a wonderful day and we were spoilt rotten.



Radlett Rotary Five Fields Fun Run

Radlett Rotary Five Fields Fun Run returns on Monday 5th May 2025 (May Day Bank Holiday) at Tabard Rugby Club Grounds, off Cobden Hill (A5183), WD7 7JN. It's bound to be a fun day with inflatables for the children and a jazz band. Food and drink will be available from 9:00am and the run commences at 10am

We are delighted that Hertsmere Mencap is once again the nominated charity. If you would like to donate to Hertsmere Mencap you can do that [here](#).

Good luck to everyone taking part and thank you to those volunteering on the day.

Hertsmere Mencap's 2025 Golf Day

Our 2025 Golf Day is taking place on Thursday 18th September at the stunning Essendon Golf & Country Club. If you are a keen golfer or you know anyone who is, please share our flyer. It is a fantastic day, where you are wined and dined and enjoy playing golf on an outstanding course. To take part, sign up [here](#)

**Hertsmere
mencap**

ANNUAL CHARITY GOLF DAY • 2025 •

Thursday 18th September 2025
Essendon Golf & Country Club
Essendon, AL9 6HN

A great day of golf on a prestigious course,
including breakfast, lunch, auction, raffle and prize-giving. £540/team

Register online or email golfday@hertsmeremencap.org.uk

7.30am Registration, Welcome Pack and Breakfast
9.00am Shot Gun Start (New Course)
1.30pm Drinks in the Bar
2.00pm Lunch, Auction, Raffle and Prizegiving

Trophies for 1st, 2nd and 3rd Teams, Beat the Pro, Longest Drive, Nearest the Pin, Straightest Drive and Hidden Hole

**This Golf Day is our major event
to raise funds for our first ever base.**

Registered Charity 243871

Diary Dates

Monday 5th May

Radlett Rotary Five Fields Fun Run

Saturday 10th May

Under 11s stay & play in Borehamwood

(booking essential)

Wednesday 4th June

Hertsmere's Learning Disability Forum

10am at Fairway Hall

Saturday 14th June

Under 11s stay & play in Borehamwood

(booking essential)

Wednesday 30th July - Tuesday 26th August (excluding Bank Holidays
and weekends)

Summer Holiday Club

Wednesday 3rd September

Hertsmere's Learning Disability Forum

10am at Fairway Hall

Thursday 18th September

Hertsmere Mencap Annual Golf Day

Essendon Golf & Country Club

Sunday 12th October

Rotary North London Disability Games

Wednesday 3rd December
Hertsmere's Learning Disability Forum
10am at Fairway Hall

Saturday 13th December
Hertsmere Mencap 2025 Christmas parties (adult & children)

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email by clicking [here](#).

