



What's coming up in March at Hertsmere Mencap

- The **Mayor of Elstree & Borehamwood, Dan Ozarow** will be visiting Jubilee Club on **Tuesday 3rd March**
 - **Herts Learning Disability Forum** takes place on **Wednesday 4th March (10am)** at **Aberford Park Community Centre, WD6 1PN**. We will be joined by **Herts Police** who will be giving a talk on **Fraud Prevention**. To book your place please email hdcomm@hertsmeremencap.org.uk
 - **Wednesday 4th March at 11am** - SEND coffee morning for SEND parents & carers, in collaboration with Hertsmere Mencap, Aldenham Parish Council & Radlett Lodge school. The topic is **Autism & Anxiety** and it's being held at **The Radlett Centre, WD7 8HL at 11am**. For more info, contact Susannah on childrenandyouth@hertsmeremencap.org.uk
 - The next "**Lunch Out**" is on **Wednesday 11th March from 11.45am** at **Linger & Taste** on Aycliffe Rd. To book your place email development@hertsmeremencap.org.uk
 - Youth Club Bowling trip - **Thursday 19th March**
 - **Have your Say!** This month's **Information Corner** provides information on Herts County Council's **Learning Disability Big Plan survey**
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Adult activities throughout March

MARCH 2026 Adult Activities - Borehamwood (WD6)						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2 10.30-12pm Art Aberford Community Centre	3 10.30-12pm Move to the Beat Maxwell Park 7-9pm Jubilee Club Maxwell Park Baking night & visit from the Town Mayor	4 10-11.30am Coffee Morning Learning Disability Forum talk on Fraud Prevention Advice Aberford Community Centre	5 10.30-11.30am Bingo Aberford Community Centre 7-9pm Youth Club St Teresa's school Bingo	6 10-11am Dance The Venue	7
8	9 10.30-12pm Art Aberford Community Centre	10 10.30-12pm Move to the Beat Maxwell Park 7-9pm Jubilee Club Maxwell Park Country night	11 10-11.30am Coffee Morning Aberford Community Centre 11.45am Lunch out at Linger & Taste	12 10.30-11.30am Bingo Aberford Community Centre 7-9pm Youth Club St Teresa's school Performance night	13 10-11am Dance The Venue	14
15	16 10.30-12pm Art Aberford Community Centre	17 10.30-12pm Move to the Beat Maxwell Park 7-9pm Jubilee Club Maxwell Park St Patrick's night	18 10-11.30am Coffee Morning Aberford Community Centre	19 10.30-11.30am Bingo Aberford Community Centre 7-9pm Youth Club Bowling trip	20 10-11am Dance The Venue	21
22	23 10.30-12pm Art Aberford Community Centre	24 10.30-12pm Move to the Beat Maxwell Park 7-9pm Jubilee Club Maxwell Park Games night	25 10-11.30am Coffee Morning Aberford Community Centre	26 10.30-11.30am Bingo Aberford Community Centre 7-9pm Youth Club St Teresa's school Movie night	27 10-11am Dance The Venue	28
29	30 10.30-12pm Art Aberford Community Centre	31 10.30-12pm Move to the Beat Maxwell Park 7-9pm Jubilee Club Maxwell Park Cake decorating				



Herts Learning Disability Forum

Hertfordshire Police Fraud Prevention session

Wednesday 4th March at 10am – 11.30am

Guest speaker:
Elaine Crate
Senior Victim Fraud Hub Manager
Police HQ Welwyn Garden City

**Location: Aberford Park Community Centre
Borehamwood
WD6 1PN**

Please RSVP to: hdcomm@hertsmere Mencap.org.uk



Families, friends, support workers, carers & professionals are all welcome





Tea, coffee and refreshments will be served



Limited free parking available at Aberford Park Community Centre

A round up of February activities

We have had a winter, valentine and spring theme at Art this month. We used watercolours and stencils to create winter scenes, crafted pop up Valentine's cards and as the weather grew milder we designed beautiful spring flowers.

We've had a great month at Move to the Beat in our new venue! We welcomed new members, played instruments, sang songs and of course... moved to the beat!



We have enjoyed catching up and playing games at Coffee Morning this month.

Members have enjoyed a relaxed and sociable Lunch Out at Linger & Taste this month, enjoying good food, great conversation and plenty of laughter together.



Our Thursday Bingo sessions have been full of laughter, friendly competition and great company. Members have enjoyed coming together each week to socialise, have fun and celebrate their wins.

Our Friday dance sessions are full of energy and enthusiasm, with members building confidence, expressing themselves and truly shining on the dance floor.



Jubilee Club had a fantastic February filled with laughter and creativity. Members enjoyed a hilarious game of Blankety Blank, sang their hearts out at Disney-themed karaoke, and tested their knowledge at Jim's brilliant 80's quiz night. We rounded off the month with a wonderful show-and-tell session, where members proudly shared their treasured collectables.

We have had a very busy month at Youth Club and welcomed new members to the group. Each week we planned a different activity which everyone enjoyed. The members took part in a Bingo evening, which was great fun, and very noisy! We also had a Valentine's Disco which had every member up on the dance floor courtesy of DJ Jonny G and the month ended with a quiz evening enjoyed by everyone.



Employment Training Course

February has been a productive month for our employment training course learners.

We are incredibly proud to see the group already reaching the mock interview stage, building their confidence, refining their communication skills and preparing to take the next exciting steps towards meaningful employment.

We are delighted to share that one of our former learners has progressed onto a formal barista training programme. In addition, we have successfully formed a number of valuable partnerships with organisations in and around Hertfordshire, strengthening the support network available to our learners and creating even more opportunities for their future.



Children & Youth

With just four weeks to go, the Holiday Club team are busy with the final arrangements for Easter Holiday Club. We have an exciting programme of activities planned for the week to include Holiday Club's Got Talent, Scavenger Hunts, and a disco courtesy of DJ Jonny G - all firm favourites with the children!

This Easter we also have Imajica Theatre Productions entertaining us with an Easter Eggstravaganzer, and a very special visit from the Pet Therapy dogs. The Hertfordshire Well-Being Team will also be joining us, and have planned some fun sensory activities which I am sure the children will enjoy.

Hopefully the weather will improve, and we will be able to once again enjoy the outside environment, and maybe have a picnic or two!

We are looking forward to welcoming all the children both old and new to what will be a very exciting week once again.

We have lots more photos of our activities on our Facebook page which you can visit [here](#) or Instagram page [here](#).

Congratulations Bonita!

We are incredibly proud to share that our wonderful volunteer minibus driver, Bonita, was invited to Windsor Castle to attend a special reception hosted by King Charles III and Queen Camilla.

The event recognised the outstanding contribution of carers across the United Kingdom. Bonita, alongside three other carers from Hertfordshire, were invited in recognition of their dedication and commitment, proudly representing carers from Herts. We are absolutely delighted to see her compassion and hard work celebrated in such a memorable way.

Bonita said, *“It was such an honour to be invited to Windsor Castle and to meet the King and Queen. I feel very proud to represent carers and the work we do every day. It was a truly special and unforgettable experience.”*



Information Corner

Have Your Say!

Herts County Council are creating a new Learning Disability Big Plan to improve support for children, young people and adults with learning disabilities.

They want to hear from people with learning disabilities, families, and carers, as well as managers and staff in all organisations that work with or support people with learning disabilities:

- What is working well
- What needs to change
- What matters most to you

If you would like to take part please click [here](#) to access the survey and let's make a difference.

Radlett Rotary Fun Run

This year's Five Fields Fun Run takes place on **Bank Holiday Monday 4th May 2026** at **Tabard Rugby Club Grounds, off Cobden Hill**

(A5183), WD7 7JN. We are delighted that Hertsmere Mencap is once again the nominated charity.

There will be 2 runs:

1.5km for children under 11

5km for everyone 7 years and over.

There will be medals for all the finishers as well as trophies for the winners.

It is open to everyone and you can sign up [here](#). If you would like to donate to Hertsmere Mencap you can do that [here](#).

For more information, contact Hayley on activities@hertsmeremencap.org.uk

Diary Dates

Wednesday 4th March

Herts Learning Disability Forum

Herts Police - Fraud Prevention presentation

Wednesday 1st - Thursday 2nd and Tuesday 7th - Thursday 9th April

Easter Holiday Club

Monday 4th May

Radlett Rotary Funday

Wednesday 3rd June

Herts Learning Disability Forum

Wednesday 29th July to Tuesday 25th August
Summer Holiday Club

Wednesday 2nd September
Herts Learning Disability Forum

Thursday 17th September
Hertsmere Mencap Annual Golf Day
Hartsbourne Country Club

Sunday 11th October
Rotary North London's Disability Games

Wednesday 2nd December
Herts Learning Disability Forum

Monday 7th December
Hertsmere Mencap AGM

Saturday 12th December
Hertsmere Mencap Children & Adult Christmas parties

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email by clicking [here](#).
